Windsor High during Week 5 was a great place to be.

I attended a Principal’s Induction Conference, and a Hawkesbury Connect meeting which meant I was out of the school from Monday through till Thursday. I would like to thank Mr Shannon Mudiman and Ms Kylie Thompson, our Deputy Principals who kept the school running smoothly.

Tuesday’s assembly was another opportunity to promote Windsor High Schools annual swimming carnival. This week we saw fashions on the pool deck with teachers and staff dressed in their House colours parading around the assembly. Students witnessed both staff and student pride in their school and house.

The carnival itself was held at Riverstone pool last Thursday. Student attendance and participation was great considering the expected hot weather. Throughout the day, students were able to also participate in a range of novelty
events enabling everyone to get wet and cool off from the extreme heat. Competition was fierce between the houses with Bunderluk house (Red) taking out a close win. Thank you to Mrs Horan and Mrs Windon for your organisation in making the event such a fantastic day.

The P & C meeting was held on Tuesday night. It was great to see so many new faces willing to support our school. The feedback from the parents who attended was the weekly electronic newsletter is greatly improving communication between the school and families. Parents also commented on the benefits they believe our Thursday Interest groups are providing in terms of positive school experiences, skill development and leadership opportunities. We appreciate the time parents put in by attending P and C, and sharing their ideas. We are looking forward to working with you in the future.

Macquarie Rugby League and Netball trials were held last Friday with several of our students progressing to the next level. Details about students who were selected to represent the zone are mentioned later in this Newsletter. Congratulations to all students involved.

Next week, parents of Years 7 and 11 are invited to meet with the teachers on Tuesday 8th March from 4 till 6pm to discuss how these students have settled in to their new school year. An interim report has been collated, to give to parents on the night. It is a snapshot as to how things are going. We look forward to seeing all parents of Yr 7 & 11 students at this occasion, as it is important for parents and the school to work...
Make Online Payments

As of the 20th February 2016 it will be possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the school's website by selecting $Make a payment$.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called Other this to cover items not covered in the previous headings, Other can be used to make a complete payment of a school invoice.

When you access the $Make a payment$ you must enter:
- the students name, and
- what the payment is for OR

These details are entered each time you make a payment as student information is not held within the payment system. There is also the option to enter the Invoice number if you are aware of them, these are optional fields.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

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Change the Date!!

It has come to our attention that some parents were unaware that we were holding parent teacher night for Year 7 and Year 11 on Tuesday 1 March.

Parent Teacher Night for Years 7 and 11 will now be held on Tuesday 8 March, 4pm – 6pm.

Student Interim Reports will be handed out to all parents who attend.

We look forward to seeing you there.
Macquarie Cup Rugby League Trials were on Friday 26 February at Richmond High School. The students played in a variety of teams and a 22 man squad was selected to play at the Sydney West Carnival next Tuesday 8 March. The following eight WHS students went and trialled Stephen Chambers, Dillin Kelly, Kale Sherton, Jarrod Bettridge, Josh Beckingham, Luke Rose, Nick Carney and Jarrad Blakemore. From WHS four students were selected to represent Macquarie Zone at the carnival they will be Stephen Chambers, Dillin Kelly, Jarred Bettridge and Kale Sheraton. Well done to all the boys for their efforts and congratulations to the boys going on to represent at the next level. Also on Friday the Macquarie Zone Netball trials occurred, with Emily Dunn being successfully selected to represent us. Well done Emily, and thank you to all girls who tried out.
Hello Parents and Students,
Can you believe we are already in Week 6? I’ve been so busy catching up with new students and setting up a new office, I haven’t had a chance to catch up via the newsletter.

This year Tristan, Laura (Chaplains) and I have moved offices to C1. We have spent a lot of time cleaning it out and rejuvenating the space to make it comfortable and welcoming for students. From this room we run our Breakfast program and have food available for later on in the day should your students ever forget their lunch.

The room is also set up for us to run specialised groups like SHINE, STRENGTH, S.W.A.T meetings and Soul Purpose (Christian Interest Group). Below is a photo of Tristan with some of the Year 7 boys who were lucky enough to experience a glimpse of the program in their first couple of weeks of High School.

Tristan and I love plants and have decked out our office space with as many fresh plants as we could. We would like to say a special thank you to our very patient General Assistant, Simon (who is the greatest asset to our school, an everyday hero and especially worthy of a shout out) who helped us install our feature succulent wall to liven up the space. We have already seen many students come through our doors appreciating the space to relax and catch up in.

In the next few weeks our new Student Wellbeing Awareness Team (S.W.A.T) will be preparing for National Day of Action Against Bullying and Violence. Therefore, as of this week we will be including some Bullying FAQ’s to help you with your conversations at home with your children. If you ever have any concerns, you are always welcome to contact the school.

Until next time,
Natalie Howell
Student Support Officer
Welcome to your Academic Software Download Centre!

All NSW Department of Education and Communities students are eligible to download and licence Adobe and Microsoft software from this website.

This software is only available to download onto personally owned devices.

Students will need to use their @education.nsw.gov.au student email address to register on their first visit. To register, click on the “Sign In” link at the top of the page and then click on the REGISTER button. A verification email will be sent to your DEC email address. To complete the registration please select the link provided in the email.

Note: Individual students are eligible for one download per application only.

Download Software

1 Log in to Student Portal
Expand “Learning” and click on Adobe DEC software download.

The link takes you to “On the Hub” website.

Student clicks on “Sign In” to begin the registration process.
NSW DEC Public School Students

How to log in to Office 365 and install your free Office software.

This is not a NSW DEC document. Please send feedback and questions to marktig@microsoft.com

2. Once you are in the portal click the "+" next to "Learning" to get the drop-down menu

3. Now click on the "Office 365 download" link. This will open Office 365 in a new browser window and you are already logged in.

4. From here you can:
   1. Install Office software for your PC, Mac or other device
   2. Go into your OneDrive
   3. Start creating and working with Office documents straight away in the web browser

You’re done!
Dear Parent,

The University of New South Wales is offering your child an opportunity to participate in the **International Competitions and Assessments for Schools (ICAS)**.

ICAS assessments have taken place annually in schools for over thirty years and in twenty countries. Educational Assessment Australia (EAA), who design and deliver the assessments, is the not-for-profit arm of the University of New South Wales.

**ICAS:**
- is an annual skills development assessment program in key areas of learning for students in Years 2–12;
- assessments are available in Digital Technologies, English, Mathematics, Science, Spelling and Writing
- gathers performance information through a 30–60 minute supervised in-school test
- provides a continuous, independent and comprehensive record of a student’s performance, and maps their development over the full period of primary and secondary schooling
- enables the progress of each student to be mapped in each skill against their previous performance, demonstrating personal improvement no matter the starting point
- uses fellow students’ results as a reference point; results are mapped against all students sitting at the same year level in Australia
- provides an excellent preparation for national testing
- enables students at all levels of ability to participate; ICAS contains questions designed to specifically explore the abilities of students of all standards – this includes those of both lower and higher levels of achievement
- medals are awarded to the top students per state in each subject and year level (when sufficiently meritorious and the test was sat on the official sitting date)
- achievement certificates are awarded to all students at a range of levels:
  1. **High Distinction** to the top 1% of students
  2. **Distinction** to the next 10% of students
  3. **Credit** to the next 25% of students
  4. **Merit** to the next 10% of students
  5. **Participation** to all other students
- results are available to parents and students online; these online reports and analyses remain available indefinitely.
- ICAS reports indicate which questions were answered correctly, compare student performance to that of the other students tested and are highly suitable for inclusion in a student’s portfolio for future tertiary entrance or job opportunities
- entries are administered through the school, so teachers can also access the information

Please note that while all students are encouraged to participate, it is an expectation of the school that students currently in the Gifted and Talented stream take part in ICAS.

To enrol your child in ICAS, please complete the registration form overleaf and return it, with your entry fees, to your school by **Friday, 1 April, 2016**.

For more information about ICAS go to www.eaa.unsw.edu.au, contact Customer Service on (02) 8344 1010 or send an email to info@eaa.unsw.edu.au

Your child can also prepare for ICAS using Practice Online. Practice Online tests are available for English, Mathematics and Science. Find out more about Practice Online at www.eaa.unsw.edu.au/practice-online

Please refer to our website or contact the school on 4587 7122 for further details.

Yours sincerely

[Signature]

Dr Sofia Kesidou  
Group Executive  
Educational Assessment Australia

Jennifer Hawken  
Principal  
Windsor High School
2016 International Competitions and Assessments for Schools (ICAS)

Permission Form

Please return this form to your child’s school

I give permission for my child- ____________________________ Year ____________________________

Child’s name to participate in the following 2016 International Competitions and Assessments for Schools (ICAS).

Please select the subjects you would like your child to enter:

<table>
<thead>
<tr>
<th>Subject/Paper</th>
<th>School Year</th>
<th>Official Sitting Date</th>
<th>Entry Fee, incl. GST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital Technologies*</td>
<td>3 – 10</td>
<td>17 May 2016</td>
<td>$8.80</td>
</tr>
<tr>
<td>Science</td>
<td>2 – 12</td>
<td>31 May 2016</td>
<td>$8.80</td>
</tr>
<tr>
<td>Writing</td>
<td>3 – 12</td>
<td>13–17 June 2016</td>
<td>$18.70</td>
</tr>
<tr>
<td>Spelling</td>
<td>2 – 7</td>
<td>15 June 2016</td>
<td>$12.10</td>
</tr>
<tr>
<td>English</td>
<td>2 – 12</td>
<td>2 August 2016</td>
<td>$8.80</td>
</tr>
<tr>
<td>Mathematics</td>
<td>2 - 12</td>
<td>16 August 2016</td>
<td>$8.80</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td></td>
<td><strong>$58.40</strong></td>
</tr>
</tbody>
</table>

Students must sit on the official sitting date for each subject to be eligible for UNSW medals. However, your school may choose to sit at another time to fit in with other school activities and routines.

* Previously known as Computer Skills.

Please find enclosed ____________________________________________________________________________

Total Amount ____________________________________________________________________________

__________________________________________________________________________________________

Name of Parent/Guardian __________________________________________________________ Date __________

__________________________________________________________________________________________

Signature of Parent/Guardian __________________________________________________________

Windsor High School

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WEEK 6, TERM 1
Nepean Blue Mountains District specialist homelessness services

<table>
<thead>
<tr>
<th>Our Nepean Blue Mountains District Services</th>
<th>What we can do</th>
<th>Who we help</th>
<th>Local Government Areas covered</th>
<th>Contact number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Homelessness &amp; Housing Support</td>
<td>We provide a range of support services and accommodation including transitional accommodation, individual support, brokerage and rapid rehousing.</td>
<td>Single adults, Couples without accompanying children, Rough sleepers, Adults leaving custody</td>
<td>Penrith, Hawkesbury, Blue Mountains</td>
<td>1800 760 071 (free call &amp; select 5 or Wentworth Community Housing on 4777 8041)</td>
</tr>
<tr>
<td>Domestic &amp; Family Violence Accommodation &amp; Support Service</td>
<td>We provide a range of services that includes 24-hour crisis accommodation and support, Aboriginal cultural groups, children’s programs, outreach support, community hubs and a living skills program, Includes Aboriginal Specialist Responses.</td>
<td>Women with or without children escaping family or domestic violence</td>
<td>Penrith, Hawkesbury, Blue Mountains</td>
<td>1800 760 071 (free call &amp; select 3 or West Connect Domestic Violence Support Service on 4722 9216)</td>
</tr>
<tr>
<td>Young peoples Homelessness &amp; Housing Support</td>
<td>We provide a range of support and accommodation services including 24-hour crisis accommodation, transitional housing, brokerage and tenancy support. Blue Factories in Penrith, Katoomba and Springwood and mobile service in Hawkesbury provide a central hub for the delivery of these services and immediate support.</td>
<td>Young people 16-25 including those escaping family conflict, leaving out-of-home care, or in contact with the juvenile justice system</td>
<td>Penrith, Hawkesbury, Blue Mountains</td>
<td>1800 760 071 (free call &amp; select 4 or Platform Youth Services on 4760 0600)</td>
</tr>
<tr>
<td>Family Homelessness &amp; Housing Support</td>
<td>We provide a range of accommodation options and services including group work programs, brokerage, outreach support, children’s programs and pathways to childhood.</td>
<td>Families/carers with dependent children under 16</td>
<td>Penrith, Hawkesbury, Blue Mountains</td>
<td>1800 760 071 (free call &amp; select 2 or Mission Australia on 4724 3000)</td>
</tr>
<tr>
<td>Tenancy Support Service</td>
<td>We provide a range of tenancy support services to help people who may wish to maintain or return to their current home. We can also provide financial counselling, brokerage and rapid rehousing if required.</td>
<td>Single adults, couples, families, young people and transgender clients whose tenancies are at risk</td>
<td>Lithgow, Penrith, Hawkesbury, Blue Mountains</td>
<td>1800 760 071 (free call &amp; select 8 or Wentworth Community Housing on 4777 8041)</td>
</tr>
<tr>
<td>Lithgow Homelessness &amp; Housing Support</td>
<td>We provide a range of accommodation services, tenancy support, service referral, information and practical support, group work programs and counselling.</td>
<td>Residents of Lithgow and surrounding areas</td>
<td>Lithgow only</td>
<td>1800 760 071 (free call &amp; select 1 or 6361 2230)</td>
</tr>
</tbody>
</table>

For more information go to www.housing.nsw.gov.au/SHS and click on New Services.
FAQs: Bullying in schools

FAQs: Bullying in schools answers frequently asked questions about bullying, provides useful advice to parents and students about dealing with bullying, and summarises contemporary approaches to bullying in Australian school communities.

More information is available in the Research snapshots and a recent review of the literature which can be found at Bullying. No Way!

1. What is bullying?

1.1 What is bullying? The national definition of bullying for Australian schools says:

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical or social behaviour that causes physical or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert). Online bullying refers to bullying through information and communication technologies, e.g. the internet or mobile devices. Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflicts or fights between equals, whether in person or online, are not defined as bullying.

In short, bullying is an ongoing misuse of power in relationships involving a pattern of harmful verbal, physical or social behaviour.

1.2 Is every conflict between students bullying? Not all aggressive or harmful behaviour between people is bullying. While conflicts and aggressive behaviour need to be addressed, it is important to be clear when these behaviours are not actually bullying.

The definition of bullying has three critical aspects: it is a misuse of power within relationships, it is repeated and ongoing, and it involves behaviours which can cause harm. All three aspects need to be present in order for behaviour to be called bullying.

1.3 What does the ‘misuse of power’ mean? In a situation where there is a power imbalance, one person or group has a significant advantage over another, and if this power is misused, this enables them to coerce or mistreat another for their own ends. In a bullying situation this power imbalance may arise from the context (e.g. having others to back you up), from assets (e.g. access to a weapon) or from personal characteristics (e.g. being stronger, more articulate or more able to socially manipulate others).
The critical aspect that distinguishes violence, harassment and discrimination from bullying is that bullying happens within social relationships, featuring repeated and harmful behaviours that stem from a misuse of power. Violence, harassment and discrimination can occur as part of bullying, but also can occur in one-off conflicts or between strangers. It is important to know the difference as the effect on the individual or group may be different and the responses to each may need to be different.

Violence is the intentional use of physical force or power, threatened or actual, against another person/s that results in psychological harm, injury or in some cases death. Violence may involve provoked or unprovoked acts and can be a single incident, a random act or can occur over time.

Harassment is behaviour that targets an individual or group due to their race, culture or ethnic origin; religion; physical characteristics; gender; sexual orientation; marital parenting or economic status; age and/or ability or disability, and that offends, humiliates, intimidates or creates a hostile environment. Harassment may be an ongoing pattern of behaviour, or it may be a single act.

Discrimination occurs when people are treated less favourably than others because of their race, culture, or ethnic origin; religion; physical characteristics; gender; sexual orientation; marital, parenting or economic status; age and/or ability or disability. Discrimination is often ongoing and commonly involves exclusion or rejection.

Intervening early can often prevent harassment, discrimination and more serious negative behaviours from becoming part of a bullying pattern.

HAWKESBURY COMMUNITY LIBRARY INFORMATION

PARENTING SUPPORT TALKS
A series of parenting information sessions presented by Triple P Stepping Stones, for groups of parents who have a child with a developmental disability.

POSITIVE PARENTING FOR CHILDREN WITH A DISABILITY
Wednesday 16 March 10.30 am-12.30 pm
This session introduces parents to the seven core principals of positive parenting.

HELPING YOUR CHILD REACH THEIR POTENTIAL
Wednesday 23 March 10.30 am-12.30 pm
Learn how to use positive parenting principles to promote your child’s development by teaching them new skills and behaviours.

CHANGING PROBLEM BEHAVIOUR INTO POSITIVE BEHAVIOUR
Wednesday 30 March 10.30 am-12.30 pm
Unsure how to manage problem behaviour? Be introduced to key steps that will help children reach alternative and more adaptive behaviour patterns.

Talks venue is Tebbutt Room, Deerubbin Centre
FREE – bookings essential.

For further information log onto: